

Managing your career through transitions

Come and join WiM for a sumptuous lunch at The Bell, Woburn and take time out to think about how to manage your career through life transitions

Speaker: Jo Lyon is an Occupational Psychologist and NLP Coach. She has worked with organisations and individuals around how to best manage careers for over 10 years.

Do you want to spend some time thinking about you, your career and how you can best manage your many life roles? This session is a chance for you to think about your career and how to manage it effectively with the many outside commitments you may have (e.g. children, elderly parents, sick partners, sports interests, hobbies, musical talents).

This presentation will look at 3 key things; What do careers look like now? What are the critical roles in your life which help to define who you are and what do these mean for you and your career? How to set and manage boundaries in order to get what you want from your career and personal life.

About our speaker:

Jo Lyon is the co-founder of Talking Talent (Talking-Talent.com) which was set up ~ 3 years ago to specialise in gender diversity, consulting and supporting working parents to manage their careers effectively. Jo is passionate about supporting individuals in maintaining their career momentum through transitions and understanding the choices they are making.

Date: Thursday 22nd May 2008
Time: 12noon for 12.30pm
Venue: The Bell, Woburn

Programme:
12noon Registration, drinks and networking
12.30pm Lunch
1.15pm Jo Lyon, Talking Talent
1.45pm Further networking
2.30pm Close

WiM is focussed on helping women make contacts, develop new skills and achieve their potential.

Why not join? Visit www.managers.org.uk/wim.

In partnership with



Booking Form

Please send a separate form for any friends you are bringing with you!

Surname _____ First Name _____

Organisation _____ Position _____

Address _____

Postcode _____ Day-time Tel _____

Email _____

WiM Member? Yes / No Membership No _____

Please reserve a place for me at:

Managing your career through transitions on Thursday 22nd May 2008:

I enclose a cheque for £20.00 including VAT (**payable to: Women in Management**)

Please complete and return with payment by 12th May 2008 to:

Customer Service, Business Link, Eastern Bypass, Thame, Oxon, OX9 3FF

Payment by cheque only please, receipts will be handed out at the event.

To assist with networking, a delegate list will be provided with contact telephone/e-mail.

Please tick if you do not wish us to show your telephone / e-mail

If you do not wish us to use your e-mail address to notify you of future WiM events and other relevant information, please tick here

In partnership with

